



“Wow, Wow, Wow!” A Full-Hearted Endorsement of Unleash

November, 2025

by Sarah Davison-Tracy

Following a personal experience of Unleash

Wow, wow, wow! Gift upon gift. An experience of the expansive economy of Jesus. From the moment I walked in the door until the moment I left. I truly could write a book about the gifts of this time, but I will share just a few of the heavenly highlights, for now.

I have been to many, many conferences, retreats, healing gatherings. But this, this, was different from the very get-go. The communications and the framework were so clearly rooted and sourced in Jesus. This—and the moment-to-moment experience within the intensive itself—put an exclamation mark on that over and over and over (and over and over again!).

I know what I experienced truly came from the heartbeat of Jesus, of the Abba Father, and of the Holy Spirit—the Triune God. And yet, the ways in which this team of four CO-missioned, CO-laborated, CO-created with the Trinity were remarkable. They were so beautifully and creatively connected that whether one was speaking or another was simply sitting in the room praying and quietly participating, it was a powerful picture of the Body of Christ in real-time gathering and expression.

The resources and teaching were absolutely extraordinary—holistic and multidisciplinary in ways that were so rich with neuroscience, counseling, spiritual direction, tools for practice ... with the Bible and God having the final word and the glory word.

The practices and exercises that shaped and deepened the teaching were powerful, made even more so by the thoughtful spaces for contemplation, reflection, and pause woven between each session. And the expertise of each of the four guides was palpable—holistic, humble, creative, and never grandiose—as they stewarded the work of Jesus with such care. The gift of having 40 days to walk out what God began in us through their guidance is not only meaningful, but truly wise and vital.

The care and attention to the body of each of us with food and drink and snacks—from the very first charcuterie board to the delicious and healthy options for meals until our closing feast—were so deeply nourishing. It was wonderful and a deeply embodied expression of the extravagance of God!

Thank you with all my heart to the Unleash team. I can't wait to shout from the rooftops what a God—and what beautiful pencils—the four of you are in His hand, writing a love letter to the world. | Explore more here: www.chronichopeandhealing.com/unleash.

xo, -Sarah Davison-Tracy